

DO THIS!



LOWER THIS!

NEW!

**Cardio
Kickboxing
Program**

For "Curvey" People
Low Impact is easier
on the joints & knees!
Tuesday & Thursdays
from 6:30-7:30 p.m.
Beginners welcome!

Gift Certificates Available

The Martial Arts Complex

118 Littlefield Street, Pawtucket, RI 02861

www.martialartscomplex.com 724-2250

